



*This Week's Meals*

*Monday*

---

---

---

*Tuesday*

---

---

---

*Wednesday*

---

---

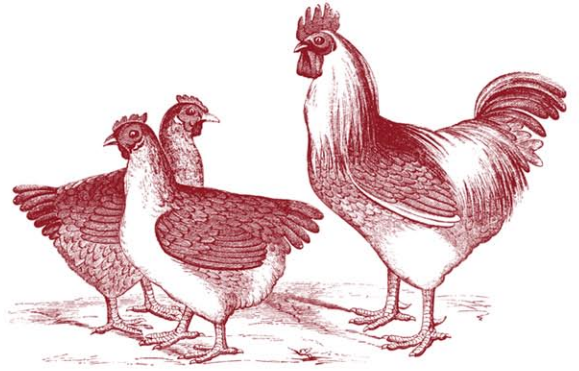
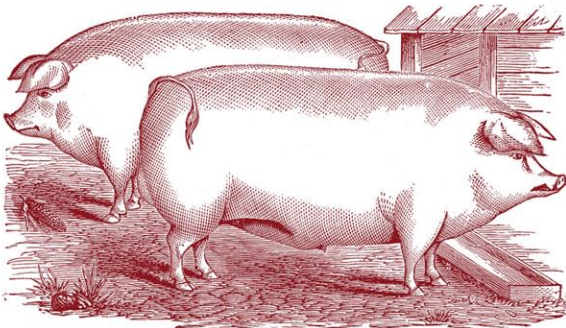
---

*Thursday*

---

---

---



*Friday*

---

---

---

*Saturday*

---

---

---

*Sunday*

---

---

---



*Notes*

---

---

---

---

---

---

---